



Lactation Education Resources

NEWSLETTER OCTOBER 2017

Discounts on course bundles

Build your own bundle – 15% discount

Build your own conference – 20 % discount



Choose the topics that interest you the most
from our selection of 50+ courses!

[Click here](#) for more info.

Alert! Deadlines!

Sept 30, 2017 - Recertification deadline
for IBLCEs

Need some quick CERPs?

<https://www.lactationtraining.com/shopping/online-shop>

<https://www.lactationtraining.com/bundles-lactation-classes>

Click here to earn [E-CERPs](#).

Nov 15, 2017 - Registration deadline for
the IBLCE April 2018 Certification Exam.
All course work and clinical hours must
be completed prior to registering.



October IBLCE Exam

is on Oct 2, 2017!

Worried? Take our Exam Review!

Be prepared for your IBLCE exam with
this on-line package of video lectures,
timed practice exams, professional so-
cial networking and more!

<https://www.lactationtraining.com/iblce-exam-review>

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Lactation Education Resources

Specialists in online lactation support training

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Featured Course Breastfeeding as a non-Birthing Parent

This Alyssa Schnell (MS IBCLC) conference includes 3 lessons, Breastfeeding Without Birthing, Proficient Pumper, and Tool for Supplementation. These cutting-edge lessons are geared toward the non-birthing parent whether by adoption, surrogacy or fostering. This conference will enlighten both the new or budding IBCLC as well as a more tenured IBCLC. Take them together or separately.

<https://www.lactationtraining.com/schnell-conference>

Ready to pass on your skills to the next generation?

Thinking of taking on an intern but not sure what being a mentor means?

Learn the basics from our new Mentoring the Next Generation Course.

2 CERPS, Nursing Contact hours and CPEUs.

Click here for details:

<https://www.lactationtraining.com/shopping/online-shop/continuing-education/mentoring-the-next-generation-1-detail>



Training for the Baby Friendly Hospital Initiative

Lactation Education Resources offers online training for hospitals seeking BFHI designation.

EASY TO USE Each lesson is recorded in webcast format so the learner sees the power point slides and hears the speaker's voice. Studies on comprehension and retention of new information show that both audio and visual components are most effective. Our lessons contain both and are rich with photos, graphics and links to web resources.

FLEXIBLE The webinar format allows access to the training program 24/7/365. Each lesson is 20-45 minutes in length so students can access the materials when they have a short window of time, or can do several lessons when they have a longer period of time to devote to it.

AFFORDABLE Unlimited usage contracts are available for large hospitals or hospital systems.



www.FirstLatch.net

Visit our website and sign up for a **[FREE TRIAL PREVIEW](#)**
or download a **[FULL PROPOSAL](#)**



Mom2Mom and LER are education partners!



LER is happy to support those providing breastfeeding support to our military families! LER is offering a special rate for Mom2Mom Global volunteers on the 45-hour Lactation Consultant Training Program Core Phase 1.

<https://www.mom2momglobal.org/single-post/2017/09/15/Education-Partner-Lactation-Education-Resources>

Great Breastfeeding Infographic Available

Designed by RegisteredNursing.org available for download or printing.

<http://www.registerednursing.org/right-breastfeed-baby/>



Yahoo Group for NICU Lactation Consultants

If you are a lactation consultant working with mothers and babies in the NICU setting, either as a dedicated lactation consultant or as a lactation consultant with other duties in addition to supporting breastfeeding NICU mothers, please join our group.

Just ask for membership. It's free and informative.

https://groups.yahoo.com/neo/groups/NICU_LCs/info

Medications and Mother's Milk Online

This favorite resource by Tom Hale R. Ph, Ph.D. for lactation consultants is now available online. Get the most up to date information!

<http://medsmilk.com/pages/about>



Information for breastfeeding families

Infant Hunger Cues



Babies show several cues in readiness for breastfeeding. Tuning into your baby's cues will make your feeding more successful and satisfying for both your baby and for you.

Your baby does not have to cry to let you know he is hungry. ***Crying is the last hunger cue!***

- ❖ Awakening
- ❖ Soft sounds
- ❖ Mouthing (licking lips, sticking tongue out)
- ❖ Rooting towards the breast (turning the head and opening the mouth)
- ❖ Hand to mouth activity
- ❖ Crying beginning softly and gradually growing in intensity



Try to catch your baby's feeding cues early in the cycle – avoid crying – and begin breastfeeding!



Lactation Education Resources

Lactation Management Training: From Novice to Expert

Contact us!

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**Want to be a LC but not sure where to start?
These YouTube videos will help!**

IBLCE Overview

https://youtu.be/90nhHBTb_ME

Pathway 1

<https://youtu.be/oUV1dtpa97Y>

Pathway 3

<https://youtu.be/eOT1AEcj8x4>

Internships

<https://youtu.be/N3hWU4QUrDQ>