

Amisha Grasty <amisha@birthswell.com>

Newsletter February 2025 Lactation Education Resources

Date: Monday, February 10, 2025 at 12:09:14 PM EST

From: Lactation Education Resources <support@lactationtraining.com>

To: Amisha Grasty <amisha@birthswell.com>



Live Session: Becoming an IBCLC | On Sale: Milk Supply Online Conference
IBCLC Exam Prep Resources | Save on Lactation Texts | Free Parent Handout

Newsletter February 2025 Lactation Education Resources

Live Session—Real Talk: The Realities of Being and Becoming an IBCLC

Considering becoming an IBCLC, but wish you knew more about what it's really like or how to get there? Register now for our next live session! Sekeita Lewis-Johnson, DNP, FNP-BC, IBCLC and Angela Love-Zaranka, BA, IBCLC, RLC, FILCA answer your questions live on Tuesday, February 11th from 11am-12pm PST/2pm-3pm EST.

[Register Now](#)

Celebrate Black History Month with LER: Enjoy a Free Course

In honor of Black History Month, we invite you to enroll at no cost in our course, “How Did I Miss That? Enhanced Breast Assessment in Non-White Skin Tones.” Most lactation textbooks primarily feature fair-skinned breasts, chests, and nipples, but lactation-related conditions can appear very differently on darker skin tones. Are you confident in recognizing these variations? In this course, Nekisha Killings, MPH, IBCLC, the creator of the Melanated Mammary Atlas, walks you through how to understand those differences. Filled with rich images comparing how common conditions look on various skin tones, this course provides an invaluable frame of reference for your work. To enroll for free, use the

code HDIMT at checkout and select "Free Product" as your payment method, now through 11:59pm Eastern on February 28, 2025.

Enroll Now for Free

15% Off Online Conference: The Supply Solution

Milk supply is a top concern for lactating parents, and you will be asked to help! Feel confident in your answers with The Supply Solution, our 3-part online conference. Covering inducing lactation, pumping, supplementing, and increasing supply, this comprehensive guide is taught by expert Alyssa Schnell, author of Breastfeeding Without Birthing. Enroll by February 28, 2025, to save 15% with code **Feb2025COTM!**

Enroll in the Supply Solution

April IBCLC Exam: Coming Fast!

We're entering the final stretch to the April IBCLC exam! If you've been accepted to take it, now's a great time to enroll in your exam prep course. Join our great community—students who take our Exam Review courses arrive at the exam prepared to succeed.

"The LER IBCLC Exam Review Enriched course has made me feel very confident in taking my IBCLC exam. The recorded lectures and Qbank are invaluable. This course was the most value for my money as I prepare and study."

—Stephanie W., BA in Public Communications, CBS, Virginia

Shop Exam Prep

90 Days To Go! Let LER Help You Meet Your September Application Requirements

Applications for the September 2025 IBCLC exam will open in mid-May. If you still have requirements to meet, we can help.

- **Lactation-Specific Education.** If you already have basic lactation training but need to reach the required 95 hours, our [Lactation Consultant Bridge Course](#) may help you finish. If you need all 95 hours, and are able to commit to a more rigorous schedule for the next 3 months, our [Lactation Consultant Training Course](#) may be doable for you!
- **College Health Sciences Courses.** Need courses to finish this requirement? There's still time. LER's partnership with **Walden University** means you can take the required college courses online at extremely low tuition, enrolling any time. Each course requires an estimated 30- to 45-hour workload. View courses and enroll [here](#).
- **Continuing Education Courses.** Need some or all of the five required continuing education courses? See the list and buy them together or separately [here](#).

Need personalized guidance? Our expert staff is happy to help you figure out how to meet your remaining IBCLC requirements.

Get Exam Application Support

Save on Lactation Texts

Add to your lactation library. LER offers 25-40% off many of the most important books for lactation care providers, including *Breastfeeding and Human Lactation, Seventh Edition*. Visit our bookstore today, and expand your lactation library for less.

Shop the LER Bookstore

Partner with LER for Exhibits and Sponsorship at Your Conference

If you are hosting a conference, summit, or symposium in 2025, consider LER as an exhibitor or partial sponsor! Connect with us via email and include your event's prospectus.

Send a Prospectus

LER Offers Baby Friendly Training

Ensure compliance with BFUSA's 6th edition guidelines by enrolling your Direct Care Personnel in our new Competency-Based training course at [FirstLatch.net](https://www.firstlatch.net). Our course is evidence-based, fully on-line, and easy to administer. It is taught by experienced clinicians, including those who have successfully passed initial designation and redesignation. The course is available now for enrollments. To preview the course, learn more, or request a quick quote, click on one of the links below.

Preview the Course

Request a Quick Quote

Updated Free Parent Handout: Hunger Cues

Support parents in speaking their new baby's language. This color handout illustrates feeding cues with photos and explanations. Download for free and share.

Download in English

Download in Spanish

Everything you need to be a lactation consultant

[Get Started](#) | [Become an IBCLC](#) | [Become a CBS](#)
[Earn CME](#) | [What's New](#) | [En Español](#)



The LER Family

This e-mail has been sent to amisha@birthswell.com, click here to [Unsubscribe](#).

712 Childs Point Road, Annapolis, MD 21401