



Celebrating Black History Month | Affordable Health Science Courses
April Exam Prep Tools | Course of the Month Sale | Free Parent Handout

Newsletter February 2024

Lactation Education Resources

LER Live: Real Talk: The Realities of Being and Becoming an IBCLC

Join Angela Love-Zaranka and Sekeita Lewis-Johnson to get answers to your questions about becoming an IBCLC. Tuesday, February 13th from 12:00 PM - 1:00 PM EST. Free registration is required.

[Register Now](#)

Celebrating Black History Month

This month, LER honors the incredible work being done by Black lactation care providers at all levels, as well as the critical role of culturally-congruent care and the fundamental necessity of culturally humble care. If the below resources are not already in your toolbox, celebrate with us by adding them this month!

 **The Melanated Mammary Atlas® (MMA).** Skin tone can dramatically impact the presentation of many mammary conditions, but the vast majority of images lactation professionals encounter in their training show conditions only on fair skin. The MMA fills this gap by providing access to an online library of images of mammary-related conditions on Asian, Indigenous, Black, and Brown skin. LER students who hold the CBS or are currently enrolled in the Lactation Consultant Training Program or Core Lactation Consultant Course can subscribe at a discount.

[Learn more about the MMA](#)

 Our blog **Make No Mistake: Skin Tone Matters in Lactation Assessment** covers three common examples of conditions you will encounter in your practice that present differently on different skin tones.

[Read the blog](#)

 Learn more with our course **How Did I Miss That? Breast Assessment in Non-White Skin Tones**. It's taught by Nekisha Killings, MPH, IBCLC, the creator of the Melanated Mammary Atlas!

Explore the course

They've Arrived: Affordable Health Science Courses

Working toward IBCLC certification and need some (or all) of the required college-level health science courses? We have BIG news for you. LER has partnered with Walden University to offer LER students the health science courses at an unprecedented savings. **LER students can take all the required college level health science courses for \$1,750 — less than the typical cost of one course.** Here are the details:

- Courses are self-paced and self-directed; work at your own pace and complete a final assessment to earn your credit.
- Individual courses can be taken for \$250 each.
- Courses you've taken previously can be transferred in.
- Students who complete all the courses will earn a certificate from Walden, and credits can be used toward the school's BS in Health Studies degree.

At LER, we know the high cost of college courses can be a barrier for those attempting to earn the IBCLC. We created this partnership to break down that barrier and to complete our circle of wrap-around support for aspiring IBCLCs—lactation education, clinical hours, exam prep ... and now, college health sciences! You can do this, and we're here to help.

Learn More

Health Science Requirement 101

Questions on the health science courses requirement? Our blog has the details on this aspect of the IBCLC certification process.

Read the blog in English

Read the blog in Spanish

Doulas: Save 15% on Lactation Training Course

This comprehensive course prepares you to provide excellent lactation support for your clients while meeting the requirement for DONA and other certifying bodies. Save 15% in February with the code Feb2024COTM.

Shop Doula Course

April Exam Countdown

Just two months left until the exam day! There's still plenty of time to join the students in our Exam Prep courses, where you'll find a full review of the exam content as well as an instant-feedback practice exam tool with nearly 600 questions. We also offer **two practice exams in Spanish**. Here's what our students are saying:

The best part of LER's exam prep course was the ability to take timed practice tests repeatedly. I particularly appreciated the written conversations within QBank ... I learned so much from those exchanges, it made it feel more like a classroom setting and that I was not alone struggling with why an answer was correct.
—Donna R., MA, OTR, C-ELBW, NTMTC, CBS (New Jersey)

[Learn more](#)

[View Spanish Practice Exams](#)

Start Your IBCLC Journey

If you've been contemplating becoming an IBCLC, make 2024 the year you take action. Our blog **Finding Your Steps to the IBCLC** helps you customize a plan to fit your unique background and goals.

[Read the blog in English](#)

[Read the blog in Spanish](#)

2023 Breastfeeding Scorecard Released

The new Breastfeeding Scorecard from UNICEF contains good news: Globally, exclusive breastfeeding rates have increased by 10% over the past decade, reaching 48%. Check out the rest of the Scorecard and see the progress in your area of the world.

[See the Scorecard](#)

New Baby Friendly Training Available

BFUSA has released its 6th edition guidelines. You can ensure compliance by enrolling your Direct Care Personnel in our new Competency-Based training course at FirstLatch.

Our course is evidence-based, fully on-line, and easy to administer. It is taught by experienced clinicians, including those who have successfully passed initial designation and redesignation. The course is available now for enrollments. To preview the course, learn more, or request a quick quote, click on one of the links below. \

[Preview the course](#)

[Request a quick quote](#)

Free Parent Handout: Feeding Log

Help your client keep track of their newborn's feeds and output with this clear, easy-to-use log.

[Download in English](#)

[Download in Spanish](#)

Everything you need to be a lactation consultant

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[The LER Family](#)

This e-mail has been sent to amisha@birthswell.com, click here to [Unsubscribe](#).

712 Childs Point Road, Annapolis, MD 21401