

LER Newsletter

November 2021



Lactation
Education
Resources

Online lactation consultant training.
Now offering CERP, CME, CE credit, and more.

LER Live: Real Talk: The Realities of Being and Becoming an IBCLC

What is an International Board Certified Lactation Consultant (IBCLC)? What does it mean to be an IBCLC? Where do IBCLC's work and what does that work look like? How does one become an IBCLC? Get your answers to these questions and more on Nov. 16th. This live event will be led by Angela Love-Zaranka, BA, IBCLC, RLC and Sekeita Lewis-Johnson, DNP, FNP-BC, IBCLC.

Tuesday, November 16, 12:00 pm - 1:30 pm EST. Free registration required.

[Register now](#)

Updated Free Handout for Parents: Signs of a Good Feeding

New parents often worry about whether their baby is feeding effectively. Free from LER, this clearly illustrated and easy-to-use handout helps answer that question.

[Get the handout](#)

IBLCE Eliminates Exam Requirement for Recertifying

Changes are coming to IBLCE's recertification process in 2022. All of us at LER are closely following this new process and will be here to help you navigate it! Here are highlights of the changes:

- The IBCLC exam will continue to be an option for recertification but will no longer be required. Candidates may recertify using a Continuing Education Self-Assessment tool and CERPs instead at each five-year mark.
- Basic Life Support will now be required for recertification.

Learn more from IBLCE here:

[Get the guide to recertification](#)

[Watch a video](#)

Become an MILCC Board Member

The Board of Monetary Investment for Lactation Consultant Certification (MILCC) is seeking new members. MILCC is an international nonprofit organization that provides financial assistance to qualified candidates seeking to certify or recertify as IBCLCs. In the past five years, MILCC has awarded 397 scholarship recipients over \$140,000. Applications to join the board are due November 15.

[Learn more](#)

Free Choose Your Pathway Ebook Available in English and Spanish

Understanding the three pathways to becoming an IBCLC can be a challenge. Find Your Pathway is a free ebook designed to walk you through the process. Now also available in Spanish!

[Get ebook in English](#)

[Get the ebook in Spanish](#)

Updated Free Handout for Parents: Increasing Your Milk Supply

Low milk supply can be a frustrating challenge for parents. This free, updated handout is a great summary to offer after a visit. It contains detailed but concise information on breast stimulation, pumping, keeping records, using supplements, and more.

[Get the handout](#)

Individualizing Your Care for Multiples

Each baby in a set of multiples deserves to feel like the only one. Read our new blog post to find out more about how to assess and plan care specific to each baby when you're working with twins, triplets, or more.

[Read the blog post](#)

Free Q&As with Nikki & Nikki in November

Hosted by Nekisha Killings, MPH, IBCLC and Nikki Greenaway, BA, MS, FNP-C, IBCLC and presented by LER. [Free pre-registration is required.](#)

Year End Wrap Up: Oh How Far We've Come

Wednesday, November 17, 1:30 pm - 2:30 pm EST

[Register Here](#)

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www.LactationTraining.com



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