

LER Newsletter

December 2021



Lactation
Education
Resources

Online lactation consultant training.
Now offering CERP, CME, CE credit, and more.

Black Friday Sale Closes in 48 Hours

Don't miss out! If you've been considering taking a Lactation Training Course, now is the time. From now until the end of Friday, December 3, we've dropped the price on our top three Lactation Training Courses. Save when you enroll in our comprehensive 95-hour course, our core 52+ hour course, or our Lactation Consultant Bridge Course.

[Get my sale coupon](#)

[Learn more about these courses](#)

Questions about which course is right for you? Contact us at
support@lactationtraining.com.

LER Live: Creating a Study Plan for the IBCLC Exam

The IBCLC exam is fast approaching. Feel calm, prepared, and ready when you start off your studying with a helping hand! Join Angela Love-Zaranka, BA, IBCLC, RLC and Sekeita Lewis-Johnson, DNP, FNP-BC, IBCLC to discuss exam content, difficult areas, how to structure study sessions, and more. Don't leave studying to chance... Get started right with this live event on December 6th at 1:30 pm US eastern, 10:30 am US pacific. Free registration required.

[Register for this event here](#)

Exam Prep Courses

Our exam prep courses take the guesswork out of studying. Choose Exam Review or Exam Review Enhanced.

[Learn more](#)

Learn With QBank

Exam prep students also get access to QBank, our cutting-edge practice question tool with 450+ practice questions, detailed explanations, tutor and timed modes, and an interactive discussion option.

[Learn more about QBank](#)

Clinical Hours for Physicians

If you are a physician considering taking the IBCLC exam, you are probably wondering how to accrue and count your clinical hours. Our new blog has answers.

[Read the blog](#)

Updated Free Handout for Parents: Plugged Ducts and Mastitis

Busy weeks, lost sleep, interrupted feeding routines... we love the holidays, but they can be a recipe for plugged ducts and mastitis. Download this free handout for parents and make sure your clients have all the info they need. Also available in Spanish.

[Get the handout in English](#)

[Get the handout in Spanish](#)

Looking for more on mastitis? Our blog post has assessment and treatment strategies.

[Read the blog](#)

IBLCE Self-Assessment for Recertification Tool Explained

By now you've probably heard that IBLCE has eliminated its exam requirement for recertification. As part of the new option to recertify exclusively by CERPs, IBLCE has created a Continuing Education Self-Assessment test. Here's how it will work:

- Take the 70 multiple-choice-question, computer-based test for free at home.
- Immediately receive your Professional Development Plan showing the topic areas you need to focus on.
- Complete at least one CERP in each area identified.
- Complete remaining CERPs in areas specific to your career path, setting, or interests.

The requirement to complete CERPs based on the Self-Assessment will be phased in over the next three years. For those recertifying in 2022, 10 percent (7 CERPs) of the required 75 CERPs must be in areas identified in the Self Assessment. By 2024, that number will increase to 34 (half of all required CERPs).

As we all learn more about the new recertification process, LER is here to help! Have questions about which courses will help you fulfill your requirements? Contact us at support@lactationtraining.com.

LER's Sekeita Lewis-Johnson Featured on USBC Report Cover

If you've seen the [U.S. Breastfeeding Committee's 2020 Annual Report](#), you might have noticed a familiar face. The report's cover features Sekeita Lewis-Johnson, DNP, FNP-BC, IBCLC, LER's Accredited Provider Program Director, providing care during the pandemic. Lewis-Johnson serves on the Board of Directors of the USBC.

Breast Assessment in Non-White Skin Tones

Common conditions that occur during breast/chest feeding (including engorgement, mastitis, vasospasm, and more) can look different, depending on the skin tone of the individual. Our new course [How Did I Miss That? Enhanced Breast Assessment in Non White Skin Tones](#) helps you avoid mistakes and misdiagnoses by delving into the varied way that conditions can manifest, depending upon the skin tone of the patient. Taught by Nekisha Killings, MPH, IBCLC, Equity Strategist and Director of Equity, Inclusion, and Belonging at LER. Don't miss a client's concern because it presents in a different way than you expect.

Our new blog explores this critical topic.

Read the blog post

Melanated Mammary Atlas

The Melanated Mammary Atlas (MM Atlas) has launched and it's a BIG deal. This new professional resource provides an unprecedented opportunity to explore images of mammary-related conditions on Asian, Indigenous, Black, and Brown skin. In keeping with our commitment to provide an inclusive education to our students, LER has partnered with the MM Atlas as the only lactation education program to feature MM Atlas images throughout our curriculum. We are also proud to offer additional MM Atlas related benefits to our students like a discount to all CBS students. [To learn more about the MM Atlas visit here.](#)

Need College Level Courses? Walden Discounts for LER Students

For a limited time, LER members can receive a special 30% tuition reduction on qualifying courses through Walden University's School of Lifelong Learning for the November 29, 2021, or January 10, 2022, start dates. [Visit here](#) and use the promo code **IBLCE_30%**.

*Tuition reductions are subject to eligibility requirements. Contact a Walden University enrollment specialist for details.

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www.LactationTraining.com



LER
712 Childs Point Road
Annapolis, MD 21401

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