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February Newsletter

Newsletter February 2022 Lactation Education Resources

Exam Prep LER Live

The IBCLC exam is just six weeks away! Join Sekeita Lewis-Johnson, DNP, FNP-BC, IBCLC and Angela Love-Zaranka, BA, IBCLC, RLC for a live review. Go over the exam's toughest topics, get your questions answered, and feel confident and ready on test day. Free registration required. Thursday, March 3rd, 12:00 pm EST.

[Register for Exam Prep](#)

LER Live: Real Talk: The Realities of Being and Becoming an IBCLC

What is an International Board Certified Lactation Consultant (IBCLC)? What does it mean to be an IBCLC? Where do IBCLC's work and what does that work look like? How does one become an IBCLC? Get your answers to these questions and more. This live event will be led by Angela Love-Zaranka, BA, IBCLC, RLC and Sekeita Lewis-Johnson, DNP, FNP-BC, IBCLC. Monday, February 21st, 12:00 pm EST. Free registration required.

[Register for Real Talk](#)

Conference Offers Deep Dive into Tethered Oral Tissues

Gain new insights and tools you can use today when you complete this conference online at your own pace. Learn or review TOTs basics, then go further with

discussions of surgical and non-surgical interventions, counseling parents, and collaborating with release providers. And, discover an avante garde approach that uses chest/breastfeeding itself as a treatment tool for TOTs.

Join two veteran IBCLCs and one pediatric dentist, all specializing in TOTs interventions, for this two-part conference. Awards 4.0 L-CERPS and 4.0 Nursing Contact Hours.

[Learn more & enroll](#)

For a preview on how chest/breastfeeding can be an effective treatment tool for TOTs, check out our new blog post.

[Read the blog](#)

Know Your Facts on Solids? Take Our New Quiz and Find Out!

When it comes to advice new parents get about complementary foods, it can be hard to separate fact from fiction. See if you can spot the common myths ... your clients are likely to hear them!

[Take the quiz](#)

Quiz questions are drawn from our course, "Human Milk for Older Infants and Toddlers," which explores this and many other topics pertinent to older nurslings.

[Explore the course](#)

HMBANA Issues Urgent Call for Milk Donors

The combination of COVID-19, winter storms, declining donor turnout, milk drive cancellations, and staffing challenges are adding up to a dangerous strain on the supply of human milk. The Milk Banking Association of North America (HMBANA) is urging all healthy, lactating people to consider donating their milk to a local milk bank today.

[Read HMBANA's statement here](#)

Updated Free Handout for Parents: Positioning & Latch–Mother-Led Latching

When a baby is struggling or when a parent is in pain, parent-led latching can have big benefits. Leave this fully illustrated handout with parents to help them remember the tools you teach.

[Get the handout in English](#)

[Get the handout in Spanish](#)

Win \$500 Toward Lactation Coursework!

Enter this contest, offered by Walden University, for a chance to win a \$500 gift certificate* toward furthering your lactation training with one of LER's courses, including Lactation Consulting Training Program Enriched, Core Lactation Consultant Course, or the Lactation Consultant Bridge Course. Winners announced March 1!

[Apply now](#)

[View lactation training courses](#)

**No purchase necessary. Terms and conditions apply. Please visit waldenu.formstack.com/forms/ler_contest_rules for the complete rules.*

Recertifying Soon?

If you're approaching your IBCLC recertification date, you probably know that IBLCE has new regulations in place, including the option to use their Self-Assessment and CERPs each recertification cycle. At LER, we are closely monitoring the new recertification rules. We're hard at work creating and optimizing resources to help you recertify! Stay tuned for more details, coming soon.

Questions in the meantime? We're here to help. Contact us at support@lactationtraining.com.

Review IBLCE's new guidelines here

Learn More About LER

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712 Childs Point Road, Annapolis, MD 21401