

[View online version](#)

Lactation
Education
Resources

June Newsletter

Newsletter June 2022 Lactation Education Resources

LER Live: Exam Prep

Preparing for the September 2022 IBCLC Exam? Get your studying off to a great start. Join Sekeita Lewis-Johnson, DNP, FNP-BC, IBCLC and Angela Love-Zaranka, BA, IBCLC, RLC for tips on setting up a study schedule, studying effectively, and more. Wednesday, June 15, 12pm EST. [Free registration is required.](#)

[Register for Live Event](#)

Online Flashcards Make Exam Prep Easy

Our Exam Prep courses come with 400+ online cards you can interact with on the screen, and we're adding more all the time! The flashcards cover both vocabulary and images. Choose your practice parameters, make choices about which cards to view, and create your own decks for specific topics. Access is included with enrollment in either of our Exam Prep courses, along with so much more.

[Explore Exam Review Courses](#)

Save on CERPs: Buy a Bundle

We're working hard to make it easier for you to recertify by CERPs. One of the best ways is to purchase a course bundle. Choose from our course bundles or build your own around the exact topics you need to study, and you'll save up to 20% off the individual lesson price.

[Learn About Course Bundles](#)

New ABM Protocol Reexamines Mastitis

Historically, mastitis has been seen as a distinct condition. However, the Academy of Breastfeeding Medicine's new mastitis protocol examines mastitis in the context of multiple conditions existing on a continuum. ABM is retiring its old protocols on mastitis and engorgement and has replaced them with a new protocol based on this understanding. (Prepping for the exam? Remember IBLCE's guideline: The exam does not test candidates on research or protocols which were released in the same year as the exam. Learn more in our blog post [here](#).)

Read the New Mastitis Spectrum Protocol

ABM Statement Addresses Formula Shortage

The Academy of Breastfeeding Medicine has issued a statement offering recommendations to parents who are pregnant, fully formula feeding, and partially breast/chestfeeding during the U.S. formula shortage. The comprehensive statement also offers guidance on milk donation, wet nursing, and safe formula feeding, as well as thoughts on avoiding such a crisis in the future.

Read the Statement

The Formula Shortage: You Can Help

As a lactation care provider, you have a role during the formula shortage. Our new blog discusses helping families establish abundant milk supply, increase milk supply, or relactate, as well as how to support families during the crisis however they feed their baby.

Read the Blog

Alcohol and Lactation Do's and Don'ts

Summer is upon us and your clients may have questions about drinking while providing milk for their baby. These do's and don'ts offer a quick guide to providing evidence-based information in a client-centered, open-hearted way.

[Read the Blog](#)

Do Booze and Lactation Mix?

Our do's and don'ts are drawn from our new course, taught by Liz Brooks, an IBCLC and attorney who has specialized in ethical issues. Take this course to fully understand the biology of parental alcohol use, alcohol in human milk, and how to counsel parents on this sensitive topic.

[Learn About the Course](#)

Claim Your Discount on *Breastfeeding Answers*

Nancy Mohrbacher's *Breastfeeding Answers* is one text no lactation care provider should be without—whether you are preparing for the exam or helping a client, this book is a fantastic resource. It is also a primary text for our Lactation Consultant Training Program (95+ hour course) and our Core Lactation Consultant Course (52+ hour course). Now, you can receive a 25% discount when you purchase through the LER Bookstore. Simply click on the link below and use the passcode provided there when you navigate to Morbacher's site.

[Get My Discount](#)

Free Updated Handout for Parents

Paced bottle feeding is a key skill for parents and caregivers of breastfed infants who also use bottles. Leave our illustrated handout with your clients—they can also share it with their baby's other caregivers!

[Get the handout in English](#)

Find the handout here on our new Spanish language site, **Capacitación en Lactancia**

Follow LER Español - Capacitacion en Lactancia (CEL)

Spanish-speaking students can keep up with the latest lactation and LER news on Facebook and Instagram! We'll see you there.

Visit CEL's Facebook Page

Visit CEL on Instagram

Visit LER's Spanish Website

Learn More About LER

[Where to start](#) | [Become a CBS](#) | [CME credits](#) | [COVID-19](#)

[Lactationtraining.com](https://lactationtraining.com)

This e-mail has been sent to @, [click here to unsubscribe](#).

712 Childs Point Road, Annapolis, MD 21401