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July Newsletter

Newsletter July 2022 Lactation Education Resources

LER Live: Real Talk: The Realities of Being and Becoming an IBCLC

If you are considering becoming an IBCLC, but wish you knew more about what it's really like or how to get there, this talk is for you. Angela Love-Zaranka, BA, IBCLC, RLC and Sekeita Lewis-Johnson, DNP, FNP-BC, IBCLC, answer your questions live on Friday, July 15th at 12 pm EDT. Free registration required.

[Register for Live Event](#)

Rising Tide Scholarships Open July 15

LER's scholarship program *Rising Tide* is designed to increase the number of Black IBCLCs by removing financial barriers to IBCLC education. Our three-tiered scholarship program is tailored for those just beginning their lactation education as well as those who have already completed some steps. Scholarships are available for the 95+ hours of lactation-specific education, clinical hours, health science courses, exam fees, and more. No matter where you are on your journey, this scholarship program is designed for you!

Applications open July 15, 2022.

[Learn More Now](#)

Walden University Discount

For a limited time, we are excited to offer a special tuition reduction to LER members in advance of the fall exam date. The 25% tuition reduction is now increased to **30% for the upcoming August 29, 2022 start date.***

- EDUC1004 - Child Development
- BIOL3020 - Essentials of Human Anatomy and Physiology
- BIOL1001 - Introduction to Biology
- PSYC1001 - Introduction to Psychology
- SOC1001 - Introduction to Sociology
- BIOL2320C - Nutritional Science
- STAT3001 - Statistical Methods and Applications

Learn more: [WaldenU.edu/LER](https://www.waldenu.edu/LER) | 1-855-633-3996

World Breastfeeding Week: Get Involved!

World Breastfeeding Week 2022 is August 1-7, and the theme this year is “Step Up For Breastfeeding.” How will you show your commitment to celebrating and advocating for the benefits of human milk? Find ideas and resources at the World Alliance for Breastfeeding Action (WABA), the organization that facilitates World Breastfeeding Week. The United States Breastfeeding Committee (USBC) celebrates throughout August with National Breastfeeding Month, including a theme for each week: Educate and Support; Indigenous Milk Medicine Week; Asian American/Native Hawaiian and Pacific Islander Week; and Black Breastfeeding Week.

Visit WABA

Visit USBC

ReCERPification Made Simple

Recertifying by CERPs? LER can demystify the process and help you earn the credits you need. Our new search tool allows you to easily find exactly the courses you need to fulfill your Personalized Professional Development Plan, so you know you're on track.

Learn More

If you are recertifying in 2022, our 75-Hour Recertification Bundle provides all the credits you need. It provides at least 7 CERPs in each area covered by IBLCE's Detailed Content Outline, so every IBCLC's Personalized Professional Development plan can be covered by this bundle!

[See the Bundle](#)

Confused about the entire process of recertifying by CERPs? No problem. Our blog breaks it all down.

[Get the Guide](#)

Understanding Postpartum Recovery

A parent's physical, emotional, and psychological recovery after birth intersects intimately with lactation. In our July Course of the Month, Alison Ward-Moore, MD, IBCLC, covers normal postpartum recovery as well as common complications, all with an eye toward how birth and postpartum events (both typical and complex) inform the lactation challenge you're seeing today.

[Learn About the Course](#)

The Culture Connection

Recovery after the birth of a baby is heavily influenced by the birthing parent's community traditions and expectations—and these can impact lactation. Effective lactation care providers know how to offer evidence-based care in a culturally humble way during those critical early days. Drawn from the course above, our new blog offers insight.

[Read the Blog](#)

Formula Shortage: Spanish Language Blog Available

Our recent blog on the United States infant formula shortage is now available in Spanish. Learn how lactation support professionals can help families affected by this infant feeding emergency.

[Access the Blog](#)

Free Updated Handout for Parents

Did you know that your parents who pump can increase the milk they collect by as much as 48% by using hands-on pumping? Provide them with this free, updated handout that shows them how.

Get the Handout in English

[Find the handout here on our new Spanish language site, Capacitación en Lactancia](#)

Visit LER's Spanish Language Website

Have you seen the resources available on LER's Spanish Language website? Visit for courses, handouts, and more.

Visit the Website

*This promotion provides a 30% tuition reduction for use on the credit-bearing IBLCE college courses required for the IBLCE certification purchased through Walden University's School of Lifelong Learning with a August 29, 2022 start date. Tuition reductions are applicable to tuition only and do not apply toward books, materials, and other supplies or fees needed for a course. This offer cannot be used by a student or learner in combination with any other tuition reduction benefit. The tuition reduction will not be applied to any past due balance or outstanding bills or charges a student or learner may have with Walden University. The tuition reduction is a non-transferrable "non-cash" offer, and in no event will the recipient receive a check or other disbursement of money pursuant to this tuition reduction. No tuition reduction will be made retroactively. All tuition reductions, grants, scholarships, and vouchers are subject to specific eligibility requirements and may be changed by Walden at any time. Contact a Walden University enrollment specialist for more details at 1-855-621-4892 or email lifelonglearning@mail.waldenu.edu.

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[Lactationtraining.com](https://lactationtraining.com)

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