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Lactation
Education
Resources

September Newsletter

Newsletter September 2022 Lactation Education Resources

LER Live: Real Talk—The Realities of Being and Becoming an IBCLC

If you are considering becoming an IBCLC, but wish you knew more about what it's really like or how to get there, this talk is for you. Angela Love-Zaranka, BA, IBCLC, RLC and Sekeita Lewis-Johnson, DNP, FNP-BC, IBCLC, answer your questions live on Wednesday, September 28th at 2pm EDT/11am PDT. Free registration required.

[Register for Live Event](#)

Our Commitment to Increasing Diversity in the Field: Rising Tide Lactation Equity Scholarships Announced

Congrats to Karissa Fliehs, RN, and Jasmine Creighton, the recipients of LER's Rising Tide Scholarships. They were selected from a pool of nearly 200 applicants. Karissa works as a Registered Nurse in a community health clinic serving mothers and children who have experienced homelessness. The Rising Tide Scholarship will allow her to earn her IBCLC, lowering barriers to breastfeeding support for Black families in her community. Jasmine is a Certified Lactation Specialist and Perinatal Health Specialist teaching hospital-based newborn and breastfeeding classes as well as breastfeeding support groups. She also sits on the Advisory Board for the United States Lactation Consultant Association (USLCA). Becoming an IBCLC will allow Jasmine to be a direct lactation resource with the families she serves. LER'S Rising Tide Lactation Equity Scholarship was designed to increase the number of Black IBCLCs by providing start-to-finish support, including education, clinical hours, and exam fees. We are deeply honored to be a part of Karissa's and Jasmine's journeys as lactation professionals!

Exam Review: There's Still Time!

If you are sitting for the IBCLC Exam this month, it's not too late to benefit from a review course. Our IBLCE Exam Review course provides you with access to 550+ review questions, aligned to the ones you'll see on exam day. Get instant feedback on your response, with full explanation and multiple references, all in a practice tool that adapts to help you target the areas you need. This course changes *"I'm not ready"* to *"I've got this!"*

[View the Course](#)

Looking for a more comprehensive review of the exam's subject matter? Our Exam Review Enriched course includes everything in Exam Review, plus covers the entire exam content in 32 video lessons.

[View Exam Review Enriched Course](#)

Our blog, “Down to the Wire,” is filled with study tips to help you make the most of the time you have left.

Get Last-Minute Tips

Need CERPs by September 30? We’ve got them.

September 30 is the deadline to submit your application to recertify by CERPs in 2022. If you still need a few CERPs—or more than a few—now is the time to act. Our course bundles have you covered, whether you need 10, 15, or all 75 CERPs.

See the Bundles

Happy Birthday to the MMA®

The Melanated Mammary Atlas®, a digital resource providing images of mammary-related conditions on Asian, Indigenous, Black, and Brown skin, just turned one year old! Please join LER as we congratulate The Melanated Mammary Atlas® as they celebrate one year of normalizing brown breasts and creating systemic change in real-time, one image at a time. LER is proud to partner with the MM Atlas as the only lactation education program to feature MM Atlas images throughout our curriculum. Our CBS students also receive a discount when they subscribe to the MM Atlas.

Learn More About the MM Atlas

Subscribe to the MM Atlas

IBLCE Addresses Social Media Conduct Complaints

Are you part of any self-organized social media groups made up of IBCLCs? IBLCE has received a growing number of complaints regarding the communication of IBCLCs in such groups. Last month, IBLCE published an addendum to its advisory opinion addressing this issue. In the addendum, IBLCE notes that it is the job of self-organized social media groups to police themselves according to their established community policies. While IBLCE urges IBCLCs to engage in professional behavior, because they are not interacting with clients, IBLCE will not moderate the behavior of IBCLCs in such forums.

[View the Document](#)

IBLCE Streamlines Disciplinary Procedures

The IBLCE procedure for handling ethics complaints against IBCLCs has been updated to be easier to use and more confidential.

[Learn More](#)

Free, Updated Handout For Parents

Engorgement is a common concern in the early days. Our newly updated, illustrated handout can be shared with your clients to reinforce your recommendations for prevention and treatment.

[Get the Handout In English](#)

[Get the Handout in Spanish](#)

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