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Lactation
Education
Resources

November Newsletter

Newsletter November 2022 Lactation Education Resources

LER Live: Real Talk—The Realities of Being and Becoming an IBCLC

Our LER Live sessions will be on vacation for November, but will return on December 1, as Angela Love-Zaranka, BA, IBCLC, RLC and Sekeita Lewis-Johnson, DNP, FNP-BC, IBCLC, answer your questions live about becoming an IBCLC. If you are considering the field, but wish you knew more about what it's really like or how to get there, this talk is for you. Join us December 1, 2022, at 2pm Eastern, 11am Pacific. Free registration required.

[Register for Live Event](#)

Honoring National Native American Heritage Month

Join LER in celebrating National Native American Heritage month in November by enjoying the recording of our live event, “Honoring World Breastfeeding Week & Native Breastfeeding Week During Crisis.”

[Watch the Recording](#)

Course of the Month: When Breastfeeding Fails

Margaret Sabo Willis, BA, IBCLC, explores the causes of lactation failure and offers advice for counseling parents during the most difficult breast/chestfeeding challenges. This four-hour, two-part course includes interviews with parents who have experienced lactation failure.

[View the Course](#)

New Blog: “When Breastfeeding Fails: 10 Ways Lactation Providers Can Help”

For a preview of the course, check out our new blog!

[Read the Blog](#)

New BFHI Training: Video Preview Available

LER will soon unveil our new Baby Friendly Competency Based Training, 6th Edition! Now, a video preview of what’s included in the new course is available online.

[See the Preview](#)

Becoming an IBCLC Blogs, Now in Spanish

We’re making our blog series all about becoming an IBCLC available in Spanish,

and the first installment is up! Your journey to the IBCLC starts here, with a discussion of the requirements and how to find your own unique path.

[Read the Blog](#)

Cheers ... Or Not?

Holiday celebrations are here, and that means your clients may have questions about whether it's safe to consume alcohol during lactation. Prepare to give evidence-based answers, with our blog.

[Read the Blog](#)

Free Parent Handout: Plugged Ducts & Mastitis

The holidays are also a high-risk time for plugged ducts and mastitis, as dyads navigate busier schedules, travel, and disrupted routines. Share our free, updated handout with your clients to help prevent and treat these issues. Available in six languages, including Spanish!

[Download in English](#)

[Download in Spanish](#)

Fast Facts on Mastitis, Engorgement

Need a quick, information-packed refresher on engorgement, plugged ducts, and mastitis? Our two-blog series has it!

[10 Things Lactation Consultants Need to Know About Engorgement](#)

[Mastitis and Lactation: Strategies for Support](#)

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