



Amisha Grasty <amisha@birthswell.com>

Newsletter December 2025 Lactation Education Resources

1 message

Lactation Education Resources <support@lactationtraining.com>
Reply-To: Lactation Education Resources <support@lactationtraining.com>
To: Amisha Grasty <amisha@birthswell.com>

Fri, Dec 5, 2025 at 5:59 PM



Black Friday Sale Ends Today | Live Event—Becoming an IBCLC |
December Course of the Month | Save on Lactation Texts |
Free Parent Handout: Oversupply

Newsletter December 2025 Lactation Education Resources

Save Now! Black Friday Sale Ends Today

There's still time to save 15% on the lactation training you need to move your career forward in 2026. Enroll before midnight EST today, December 5, 2025 with the coupon code **2025BlackFriday15**, and save on:

- **IBCLC training.** Get all 95 lactation-specific education hours for the IBCLC exam at 15% off.
- **Certified Breastfeeding Specialist (CBS) certification.** Save 15% on our 52+ hour Core Lactation Consultant Course, and earn your CBS.
- **IBCLC recertification & Continuing Education.** Save 15% on our 75-Hour Recertification Bundle and our 20-Hour Continuing Education Bundle.
- **Spanish-Language Lactation Training.** Every course on our Spanish-Language site is 15% off, including our CBS and IBCLC training courses.
- **TieLER Infant Mouth Model.** Add a revolutionary new tool for working with tongue tie —15% off.

Sale ends today, December 5, 2025, at 11:59pm.

Click below to shop before it's gone!

[Shop the English-Language Sale](#)

[Shop the Spanish-Language Sale](#)

LER Live: Real Talk About Becoming an IBCLC

Thinking about becoming an IBCLC—but not sure where to begin? Get honest guidance and answers to your questions in real time in a live conversation with Angela Love-Zaranka and Sekeita Lewis-Johnson. Understand the steps and start your IBCLC journey with confidence. Save your seat now for our next session: Wednesday, December 17, 2pm EST. Free; registration required.

[Register Now](#)

Save 15% on Evidence in Action—Our New Course. December Only!

The latest lactation evidence, at your fingertips for less! Get 2025's most important breastfeeding research delivered, in the form of practical guidance you can use right away. Explore the latest findings on food allergies, autism and feeding behaviors, D-MER, safe sleep, new flange-fit research, and much more. Enter **Dec2025COTM** at checkout to claim your discount, now through December 31, 2025.

[Shop the Course of the Month](#)

Do You Know These Five Lactation Facts?

From allergy prevention to new ABM guidance, take our quiz to test your knowledge. These updates and more are covered in our new course, Evidence in Action: What's New in Lactation 2025, on sale now (see above).

[Take the Quiz](#)

Taking the April IBCLC Exam? Build Confidence With QBank.

If you're gearing up for the April 2026 IBCLC exam, we have a game-changer you will not want to miss: **QBank**, LER's practice question tool designed to sharpen your knowledge and boost exam readiness.

QBank gives you more than 600 exam-style questions and detailed explanations—so you can identify gaps, track progress, and walk into exam day with confidence. Here's what our students are saying:

"The best part of LER's exam prep course was the practice tests ... I particularly appreciated the written conversations within QBank from fellow students and LER staff! I learned so much from those exchanges. It made it feel like a classroom setting, and I was not alone struggling with why an answer was correct."

—Donna R., MA, OTR, C-ELBW, NTMTC, CBS (New Jersey)

Try QBank for free! Click the button below, then click "Free Demo" at the top of the page.

[Try QBank Now](#)

Lactation Texts On Your Wish List? Get them for less.

LER offers 25-40% off many of the most important books for lactation care providers, including *Breastfeeding and Human Lactation, Seventh Edition*, *The Breastfeeding Atlas, Seventh Edition*, and many more. Visit our bookstore today, and expand your lactation library for less.

[Shop the LER Bookstore](#)

LER Offers Baby Friendly Training

Ensure compliance with BFUSA's 6th edition guidelines by enrolling your Direct Care Personnel in our Competency-Based Training course at FirstLatch.net. Our course is evidence-based, fully on-line, and easy to administer. It is taught by experienced clinicians, including those who have successfully passed initial designation and redesignation.

Available now for enrollments—to preview the course, learn more, or request a quick quote:

[Preview the Course](#)

[Request a Quick Quote](#)

Free Parent Handout: Oversupply

Provide evidence-based guidance for your clients with oversupply and overactive letdown —our illustrated handout for parents is a free download.

[Download in English](#)

[Download in Spanish](#)

Everything you need to be a lactation consultant

[Get Started](#) | [Become an IBCLC](#) | [Become a CBS](#)
[Earn CME](#) | [What's New](#) | [En Español](#)



[The LER Family](#)

This e-mail has been sent to amisha@birthswell.com, click here to [Unsubscribe](#).

2631 Housley Road, Suite 1122, Annapolis, MD 21401