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Newsletter January 2025 Lactation Education Resources

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From: Lactation Education Resources <support@lactationtraining.com>

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Live Session: Create Your IBCLC Exam Study Plan | Free Parent Handout
On Sale: International Code Requirement Course | Baby-Friendly Training

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Free Live Session – 90 Days and Counting: Creating a Study Plan for the IBCLC Exam

Studying for the April IBCLC exam? Start strong! On **Tuesday, January 7th at 12pm PST/3pm EST**, join our live session for expert advice on mapping out your study schedule and making a plan to succeed.

- ✓ Decode the exam's structure
- ✓ Understand the kinds of questions you can expect
- ✓ Learn how to spend your study time effectively!

Led by Angela Love-Zaranka, BA, IBCLC, RLC, FILCA and Sekeita Lewis-Johnson, DNP, FNP-BC, IBCLC. Free; registration is required.

[Register Now](#)

15% Off: Fulfill Your International Code Requirement

Starting now, all first-time candidates and recertifying IBCLCs must receive training on the International Code of Marketing of Breast-milk Substitutes. Our January Course of the Month, "Unpacking the International Code," gives you the info you need and fulfills your

IBCLC Commission requirement. Use the coupon code **Jan2025COTM** before January 31, 2025, 11:59PM ET to save! **Current LER Students:** If you are sitting for the exam in 2025 and have completed our 95+ hour [Lactation Consultant Training Program](#), you have already earned the two required hours of International-Code-related content. However, we strongly encourage you to consider additionally taking “Unpacking the International Code”!

Meet the Code Requirement for Less

Prepare to Ace the April Exam

If you've been accepted to take the April 2025 IBCLC exam, now is the time to register for your exam prep course! Here's how a recent student describes getting ready for the exam with an LER review course:

“Purchasing the IBCLC exam review course from LER was well worth the money. It prepared me for taking the real examination. The answers were thoroughly explained with references. Invest in this product, you will not be disappointed!”

—Aira Jae E., MPH, CBS Georgia

Shop Exam Prep

Congratulations, New IBCLCs!

September, 2024 exam results have been announced, and LER honors all our students who are newly certified IBCLCs. We're thrilled to be part of your continuing journey. Continue learning and growing with us! Here are three resources for you:

Free parent handouts. Our [handouts](#) help parents remember your teaching after the consult is over.

Private Practice Tips. Our [new course](#) helps you plan, launch, and manage your business.

Keep learning (and start earning CERPs!) It's not too early to start earning the CERPs you'll need to recertify! Our bundles and continuing education courses help you keep growing professionally. Learn more [here](#).

Need Clinical Hours? LER Can Help

Did you know that LER offers two great ways to earn clinical hours for IBCLC exam eligibility? Our Clinical Lactation Internships and our HOURS Program provide options for healthcare providers and non-providers alike. Get started in 2025!

Earn Clinical Hours at LER

Partner with LER for Exhibits and Sponsorship at Your Conference

If you are hosting a conference, summit, or symposium in 2025, consider LER as an exhibitor or partial sponsor! Connect with us via email and include your event's prospectus.

[Send a Prospectus](#)

New Baby Friendly Training Available

Ensure compliance with BFUSA's 6th edition guidelines by enrolling your Direct Care Personnel in our new Competency-Based training course at FirstLatch.net. Our course is evidence-based, fully on-line, and easy to administer. It is taught by experienced clinicians, including those who have successfully passed initial designation and redesignation. The course is available now for enrollments. To preview the course, learn more, or request a quick quote, click on one of the links below.

[Preview the Course](#)

[Request a Quick Quote](#)

Updated Free Parent Handout: Hands-On Pumping

Parents can increase their pumping output by using massage techniques while pumping—sometimes by twice as much! This fully illustrated handout reinforces your teaching. Download for free!

[Download in English](#)

[Download in Spanish](#)

Everything you need to be a lactation consultant

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[The LER Family](#)

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