



Live Discussion: Becoming an IBCLC | Exam Review Courses That Work
Course Discount: Learn About IYCF-E | Meet TieLER, Our New Mouth Model
Free Parent Handout

Newsletter December 2023

Lactation Education Resources

Free Live Session: The Realities of Being and Becoming an IBCLC

If you are considering becoming an IBCLC but wish you knew more about what it's really like or how to get there, this talk is for you. Sekeita Lewis-Johnson, DNP, FNP-BC, IBCLC and Angela Love-Zaranka, BA, IBCLC, RLC answer your questions live on **Tuesday, December 12th from 12pm PST/3pm EST**. Free registration is required.

[Register Now](#)

Course of the Month: Lactation in Emergencies

Emergencies are becoming more common and more severe worldwide. In a crisis, lactation professionals are urgently needed to ensure the safety of lactating people, infants, and young children. Get ready to help with our December course of the month, now 15% off. Instructor Malaika Ludman, MPH, CLC, spent several years managing a community-based preparedness program in New Orleans, LA (USA). Enroll during December and save with the coupon code Dec2023COTM.

[View the Course](#)

Can You Spot the Dangerous Myths?

Does stress cause milk supply to falter? If a parent has weaned, can they start producing milk again during an emergency? Drawn on the expertise of Malaika Ludman, our blog dispels common myths about lactation during a crisis.

Read the Blog

Be Exam-Ready By April

Now is the perfect time to enroll in a proven IBCLC exam review course. Choose from two options, Exam Review and Exam Review Enriched. Both offer access to our exclusive practice test tool, QBank. Exam Review Enriched includes a full review of the exam topic areas. Will you be ready on test day? Here's what a recent student has to say:

"[E]xam review ... allowed me to create custom practice tests with thorough explanations. This helped me build confidence in thinking through lactation scenarios and answering questions in a similar format to the actual test. I highly recommend these courses to those studying for the IBCLC exam."

—Leslie M., BSN, RN, RNC-NIC, CBS

Exam Review Courses

Spanish Practice Exam Available

Prefer to practice for the IBCLC exam in Spanish? Now you can! Our Spanish language practice exam covers all sections of the IBCLC exam and can be taken as many times as you wish. Each question provides immediate information about what the correct answer is and the reason behind it.

Spanish Practice Exam

Coming Soon: LER's Infant Mouth Model

Want to feel confident and ready when you approach an oral exam? Get ready for a product that offers unlimited chances to hone your hands-on skills before you even get to a consult. TieLER is LER's new, 3-D, realistic infant mouth model that allows you to feel and see variations on infant tongues and palates. Sign up now to be notified as soon as TieLER goes on sale.

Tell Me First!

Lactation Titles For Less

Did you know that LER offers the lowest prices available anywhere on many of the most important books for lactation care providers, including *Breastfeeding and Human Lactation, Sixth Edition*? With our discount, you can make a new lactation book (or two) your holiday gift to yourself!

Lactation Books For Less

Calling All Pharmacists

An estimated 96% of parents who breastfeed/chestfeed their children use one or more medications during their lactation experience. That makes pharmacists a key part of the lactation care team. For more reasons why pharmacists need lactation know-how, check out our new blog. It also explains the offerings LER has just for pharmacists!

[Read the Blog](#)

New Baby Friendly Training Available

BFUSA has released its 6th edition guidelines. You can ensure compliance by enrolling your Direct Care Personnel in our new Competency-Based training course at FirstLatch. Our course is evidence-based, fully on-line, and easy to administer. It is taught by experienced clinicians, including those who have successfully passed initial designation and redesignation. The course is available now for enrollments. To preview the course, learn more, or request a quick quote, click on one of the links below.

[Preview the Course](#)

[Request a Quick Quote](#)

Free Parent Handout: Waking a Sleepy Baby

They say “never wake a sleeping baby,” but lactation care providers know that isn’t always good advice! When your client needs to wake their baby to feed, leave them with this helpful handout to ease the experience.

[Download in English](#)

[Download in Spanish](#)

Everything you need to be a lactation consultant

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The LER Family

This e-mail has been sent to amisha@birthswell.com, click here to [Unsubscribe](#).

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