

Feeding Log

“X” a number each time the baby feeds, has a wet diaper or stool. More than the indicated number is fine.
Call your health care provider if you are not meeting the minimums.

Day 1 Feed 8-12 times 12 1 2 3 4 5 6 7 8 9 10 11 12 1 2 3 4 5 6 7 8 9 10 11 Wet diapers 1 Black tarry stools 1	Day 7 Feed 8 - 12 times 12 1 2 3 4 5 6 7 8 9 10 11 12 1 2 3 4 5 6 7 8 9 10 11 Wet diapers 1 2 3 4 5 6 Yellow stools 1 2 3
Day 2 Feed 8-12 times 12 1 2 3 4 5 6 7 8 9 10 11 12 1 2 3 4 5 6 7 8 9 10 11 Wet diapers 1 2 Black/brown stools 1 2	Day 8 Feed 8-12 times 12 1 2 3 4 5 6 7 8 9 10 11 12 1 2 3 4 5 6 7 8 9 10 11 Wet diapers 1 2 3 4 5 6 Yellow seedy stools 1 2 3
Day 3 Feed 8+ times 12 1 2 3 4 5 6 7 8 9 10 11 12 1 2 3 4 5 6 7 8 9 10 11 Wet diapers 1 2 3 Brown stools 1 2	Day 9 Feed 8-12 times 12 1 2 3 4 5 6 7 8 9 10 11 12 1 2 3 4 5 6 7 8 9 10 11 Wet diapers 1 2 3 4 5 6 Yellow seedy stools 1 2 3
Day 4 Feed 8-12 times 12 1 2 3 4 5 6 7 8 9 10 11 12 1 2 3 4 5 6 7 8 9 10 11 Wet diapers 1 2 3 4 Yellow seedy stools 1 2 3	Day 10 Feed 8-12 times 12 1 2 3 4 5 6 7 8 9 10 11 12 1 2 3 4 5 6 7 8 9 10 11 Wet diapers 1 2 3 4 5 6 Yellow seedy stools 1 2 3
Day 5 Feed 8-12 times 12 1 2 3 4 5 6 7 8 9 10 11 12 1 2 3 4 5 6 7 8 9 10 11 Wet diapers 1 2 3 4 5 Yellow seedy stools 1 2 3	Day 11 Feed 8-12 times 12 1 2 3 4 5 6 7 8 9 10 11 12 1 2 3 4 5 6 7 8 9 10 11 Wet diapers 1 2 3 4 5 6 Yellow seedy stools 1 2 3
Day 6 Feed 8-12 times 12 1 2 3 4 5 6 7 8 9 10 11 12 1 2 3 4 5 6 7 8 9 10 11 Wet diapers 1 2 3 4 5 6 Yellow seedy stools 1 2 3	Day 12 Feed 8-12 times 12 1 2 3 4 5 6 7 8 9 10 11 12 1 2 3 4 5 6 7 8 9 10 11 Wet diapers 1 2 3 4 5 6 Yellow seedy stools 1 2 3