



December 2020

Online lactation consultant training.
Now offering CERP, CME, CE credit and more.

Today! Real Talk: The Realities of Being and Becoming an IBCLC

Wondering what it is like to be an IBCLC? Trying to make sense of the pathways and requirements? Today's session shares real life experiences and answers common questions about joining the profession. Join us in this live online gathering, led by Sekeita Lewis-Johnson, DNP, FNP-BC, IBCLC, LER's Nurse Planner, and Angela Love-Zaranka, BA, IBCLC, RLC, LER's Program Director [here](#).

USBC celebrates LER staff

Two LER staff members were recently celebrated by the United States Breastfeeding Committee (USBC). Nekisha Killings MPH, IBCLC, LER's Director of Equity, Inclusion, and Belonging and Sekeita Lewis-Johnson, DNP, FNP-BC, IBCLC, LER's Nurse Planner, were both featured in a series celebrating their contributions to the field. Thank you to you both for your service to USBC and to the profession.

Beta testers needed

Are you a Spanish speaker interested in earning free CERPs? We are seeking a small number of beta testers for a new Spanish-language class from LER. Contact Angela at alove@lactationtraining.com for details.

NEW and UPDATED handouts

A new handout for parents, "How to "Dry Up" A Milk Supply," is now available. This free fact sheet is intended for lactation professionals to share with a parent who is not breastfeeding after giving birth. Find it [here](#).

The "Plugged Ducts and Mastitis" handout, which provides guidance for mastitis, plugged ducts, and blebs, has been updated. You can find it [here](#).

Both are a part of our free handout series. Find handouts for parents [here](#) and professionals [here](#).

Many available in six languages.

How are IBCLCs Responding to the Pandemic?

The International Board of Lactation Consultant Examiners (IBLCE) has launched a video series highlighting how IBCLCs have responded to the COVID pandemic. Watch the video [here](#).

Free Q&As with Nikki & Nikki in December

Hosted by Nekisha Killings, MPH, IBCLC and Nikki Greenaway, BA, MS, FNP-C, IBCLC and presented by LER.
[Free pre-registration is required.](#)

Let Me off this Ride! Saying Farewell to 2020 and Looking Ahead to 2021 with Intention,
Wednesday, December 9th, 10:30 pacific, 1:30 eastern.
[Register here.](#)



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