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Newsletter June 2026 Lactation Education Resources

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Wed, Jun 3, 2026 at 9:46 AM



Live Event: Exam Prep | Feeding Issues in Congenital Torticollis: 15% Off |
See TieLER in Action | Honoring National Homebirth Day | Save on Lactation Texts |
Free Parent Handout

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LER Live: Creating a Study Plan for the IBLCE Exam

“Study smarter, not harder” might be a cliché, but it’s great advice when it comes to the IBCLC exam. Join Angela Love-Zaranka, BA, IBCLC, RLC and Sekeita Lewis-Johnson, DNP, FNP-BC, IBCLC live and leave with a plan to make the most of the next three months. Tuesday, June 16, 2026 1:00 PM - 2:00 PM EDT | 11:00am EDT / 8:00am PDT. Free; registration required.

[Register For The LER Live](#)

Course Of The Month: Feeding Issues In Congenital Torticollis

Torticollis is subtle in newborns, and the longer it goes unidentified, the harder it is to resolve. This month, save 15% on our two-part course with Catherine Watson Genna, IBCLC, one of the most respected names in lactation.

Packed with Genna's own clinical photos and videos, the course covers identification, breastfeeding impact, latch and positioning strategies, sucking support, and evidence-based referrals.

Use code COTMjune2026 at checkout through 30 June 2026.

Enroll Now

(Watch our social media channels to help choose the July course of the month. You could win the course you vote for, free!)

See TieLER in Action

Have you seen TieLER, LER's infant mouth model, but wondered how it actually works in practice? Now you can find out. A new series of short videos on YouTube shows TieLER in action, from a walkthrough of the model's interchangeable components, to demonstrating how tongue and palate anatomy are related, to showing how TieLER helps parents learn and practice post-frenotomy exercises with confidence. See how TieLER can make tongue-tie easier to understand, especially for the parents you help.

Watch the TieLER Videos

IBCLC Exam Prep: Study With a Course You Can Trust

LER's exam prep courses give you the structure to prepare with confidence: 670+ practice questions aligned to the exam, with the option to add more questions in exactly the topics you need with our new add-on question packs. You'll also get a self-study schedule, flashcards, and in the Enriched course, 32 video review sessions and 27 case studies. Two course options to fit where you are in your prep journey.

Start Preparing

Spanish-Language Practice Tests for the September Exam

With the September exam on the horizon, now is the time to put your knowledge to the test. LER offers two full-length IBCLC practice exams in Spanish, 175 questions each, with immediate feedback on every answer so you understand not just what's right, but why.

View Practice Exams

New IBLCE® Policy on Retaking the IBCLC Exam

The International Board of Lactation Consultant Examiners® has announced changes to its policy for candidates who do not pass the exam and need to retest. Here are the new guidelines:

- If this is your first, second, or third failed attempt, you can reapply for the next available exam as long as you meet the current eligibility requirements.
- If this is your fourth failed attempt, you'll also need to complete an additional 35 hours of lactation-specific education before reapplying.
- If you've had five or more unsuccessful attempts, you'll need to wait a minimum of two years before reapplying and must meet all current eligibility requirements at the time of application submission.

This policy became effective with the April 2026 exam administration. You can read the full details on IBLCE's website under "Retest FAQs" [here](#).

Need to Retest? Your LER Exam Prep Extension is Free.

If you have completed an [LER Exam Review Course](#) and do not pass the exam, we will extend your access at no cost so you can prepare to retake the exam. Just contact our support team at <https://www.lactationtraining.com/support/contact-us>.

Happy International Homebirth Day!

This month, we honor families' right to choose where they welcome their babies, and the skilled, compassionate midwives who make homebirth care possible. Lactation support is an essential part of that care. If you're looking to deepen your expertise and better serve the families you support, LER has lactation courses designed with you in mind.

Explore Our Courses For Midwives

Exam Prep Textbooks, 40% Off

Many of the references you need to prepare for the IBCLC exam are available at 40% off retail through the LER Bookstore, including *Breastfeeding and Human Lactation, Seventh Edition* and *The Breastfeeding Atlas, Seventh Edition*. LER Qbank references specific page numbers in these texts, so having them on hand is part of a solid study plan.

Shop the LER Bookstore

LER Offers Baby Friendly Training

Ensure compliance with BFUSA's 6th edition guidelines by enrolling your Direct Care Personnel in our Competency-Based Training course at FirstLatch.net. Our course is evidence-based, fully on-line, and easy to administer. It is taught by experienced clinicians, including those who have successfully passed initial designation and redesignation.

Available now for enrollments—to preview the course, learn more, or request a quick quote:

[Preview the Course](#)

[Request a Quick Quote](#)

Free Parent Handout: Breastfeeding the Late-Preterm Infant

Late-preterm babies can look full term, but they and their parents need special lactation support. This handout reinforces the information you give them on the specific challenges they may face, and what they can do to solve them.

[Download in English](#)

[Download in Spanish](#)

Everything you need to be a lactation consultant

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[The LER Family](#)

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