



Newsletter April 2023 Lactation Education Resources

LER Celebrates Black Maternal Health Week

LER is honored to be a sponsor of Black Maternal Health Week, held April 11 through 17, 2023. Led annually by the Black Mamas Matter Alliance (BMMA), Black Maternal Health Week features seven days of conversations and activities to amplify the voices, perspectives, and lived experiences of Black Mamas and birthing people. This year's theme is "Our Bodies Belong to Us: Restoring Black Autonomy and Joy!" At LER, we are committed to inclusion, diversity, and equity, and we believe that the lactation field is bettered by more and diverse voices representing the communities they support. We are excited to join with BMMA this month to celebrate Black Maternal Health Week!

[Learn more From BMMA & Get Involved](#)

LER Live: Real Talk: The Realities of Being and Becoming an IBCLC

If you are considering becoming an IBCLC, but wish you knew more about what it's really like or how to get there, this talk is for you. Angela Love-Zaranka, BA, IBCLC, RLC and Sekeita Lewis-Johnson, DNP, FNP-BC, IBCLC, went live to answer questions on April 12, 2023 at 9:00am PST/12:00pm EST. The free recording is available now!

[Watch the Recorded Session](#)

Don't Miss the Lancet Launch

The USA Launch of the 2023 Lancet Series on Breastfeeding is set for Tuesday, April 18, 2023, at 11AM EDT and offers a rich learning opportunity, free of charge. The Lancet series explores Infant behaviors, feeding practices, and multisectoral interventions to support breastfeeding, the commercial milk formula marketing 'playbook,' and power, political, and economic structures and their impact on infant feeding, health, and human rights. Hear from the study authors and a panel of experts – including LER's own Accredited Provider Program Director Sekeita Lewis-Johnson! The event will be held both in-person (at UNICEF Headquarters in New York City) and via live streaming. Free; registration is required.

[Learn More and Register](#)

Tongue Tie Conference 15% Off

Do you want more confidence in understanding, assessing, and treating tethered oral tissues? Our April course of the month is for you. Our Full Spectrum Tethered Oral Tissues Conference, taught by two IBCLCs and a pediatric dentist, offers a deep dive into TOT basics, evaluation, treatment, and latest research. The conference can be yours for 15% less, now through April 30, 2023, when you use the Apr2023COTM at checkout.

[Shop the Conference](#)

Tongue Tie: An Overlooked Treatment?

Breast/chestfeeding can be hard for a baby with tethered oral tissues. But what if it can also be part of their therapy? Our April Course of the Month features instructor Myrte van Lonkhuijsen, MA, IBCLC, a private-practice lactation consultant who developed the concept of Concorde Latching. Check out our blog for a preview on van Lonkhuijsen's work, which offers concrete explanations of how specific latches and holds can turn breast/chestfeeding a baby with tethered oral tissues from a struggle into an effective intervention.

[Read the Blog](#)

Clinical Hours Opportunity Opening Soon

LER is expanding our program to offer more Pathway 1 candidates the opportunity to earn clinical hours toward exam eligibility. If you have earned the Certified Breastfeeding Specialist (CBS) certification from LER, you are eligible for this opportunity. The program is space-limited, and we will be taking new students soon. To be notified as soon as spots are opened, click on the link below and sign up for our email notification.

[Earn Clinical Hours](#)

We Have the CERPs You Need

IBLCE's window for applications to recertify by CERPs opens soon, on May 10, 2023. The window closes September 30, 2023. If you are working on recertifying by CERPs, LER offers one bundle that fulfills all your needs, regardless of your CE Self-Assessment. Enroll now and finish in time!

[View the Bundle](#)

New Resource for Learning About BFHI

FirstLatch.net has a new newsletter! Sign up to receive info about training for the Baby-Friendly Hospital Initiative and our new online, evidence-based training, per BFUSA 6th edition guidelines. FirstLatch instructors are experienced clinicians who have successfully passed initial designation and redesignation.

[Subscribe to the FirstLatch Newsletter](#)

[Preview Our New BFHI Course](#)

[Request a Quick Training Quote](#)

Free Parent Handout

Few things are more useful or comforting to new breastfeeding/chestfeeding parents than an easy feeding/output log for their baby. Leave your clients with our free, updated handout, where they can easily track their baby's intake and diapers in the early days.

[Download in English](#)

[Download in Spanish](#)

Learn More About LER

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