



Live Event: Becoming an IBCLC | Online Conference 15% Off | Discounts on Lactation Texts | Deep Discounts on College Courses | Baby-Friendly Training

Newsletter October 2024

Lactation Education Resources

Real Talk: The Realities of Being and Becoming an IBCLC

If you are considering becoming an IBCLC but wish you knew more about what it's really like or how to get there, register now at no cost for our next live session. Sekeita Lewis-Johnson, DNP, FNP-BC, IBCLC and Angela Love-Zaranka, BA, IBCLC, RLC, FILCA answer your questions live on Wednesday, October 16, from 12pm to 1pm PDT/3pm to 4pm EDT. Registration required.

[Register Now](#)

Breast Care Conference 15% Off

Two renowned experts bring you deep knowledge from their specialty areas in this online conference, discounted through October!

- **Study breast massage** with leading practitioner Maya Bolman, RN, BA, BSN, IBCLC. She has worked with lactation care providers from cultures around the world who have developed manual therapy techniques and has also developed her own.
- **Study lactation after breast surgery** with Katrina Mitchell, MD, IBCLC, PMH-C, FACS, a fellowship-trained breast surgical oncologist, international speaker, and author of a course on breastfeeding medicine for breast surgeons.

Use the code Oct2024COTM at checkout for your discount, now through October 31, 2024.

[Shop the Course of the Month](#)

10 Myths About Lactation After Breast Surgery

Can you separate fact from fiction when it comes to milk supply and lactation after breast surgery? Drawn from our course of the month (above), our blog provides answers.

[Read the Blog](#)

Honoring Safe Sleep and SIDS Awareness Month

Provide families with accurate, evidence-based information on SIDS, SUID, and safe sleep with our course, "Infant Sleep and Feeding." Instructor Dayna Hall, BS, IBCLC, ICCE, ATC, has served families in settings from Washington, DC (USA) to South Africa. You'll learn:

- The most current research on the issue of SIDS/SUID around the world
- Safe sleep recommendations
- Facts about co-sleeping and bed-sharing
- How to develop a counseling framework for talking with lactating families about sleep.

[Shop the Sleep Course](#)

Affordable Health Science Courses

You can take the required college-level health science courses for IBCLC exam eligibility for \$250 each, through LER's partnership with Walden University.

- Courses are self-paced and self-directed; work at your own pace and complete a final assessment to earn your credit.
- Courses you've taken previously can be transferred in.
- Students who complete all the courses will earn a certificate from Walden, and credits can be used toward the school's BS in Health Studies degree.

At LER, we know the high cost of college courses can be a barrier for those attempting to earn the IBCLC. We created this partnership to break down that barrier and to complete our circle of wrap-around support for aspiring IBCLCs—lactation education, clinical hours, exam prep ... and now, college health sciences! You can do this, and we're here to help.

[Learn More](#)

Lactation Texts for Less

Did you know that LER offers 25-40% off many of the most important books for lactation care providers, including *Breastfeeding and Human Lactation*, Sixth Edition? Visit our

bookstore today and add to your lactation library for less.

Shop the LER bookstore

New Baby Friendly Training Available

BFUSA has released its 6th edition guidelines. You can ensure compliance by enrolling your Direct Care Personnel in our new Competency-Based training course at FirstLatch.net. Our course is evidence-based, fully on-line, and easy to administer. It is taught by experienced clinicians, including those who have successfully passed initial designation and redesignation. The course is available now for enrollments. To preview the course, learn more, or request a quick quote, click on one of the links below.

[Preview the Course](#)

[Request a Quick Quote](#)

Updated Free Parent Handout: Positioning & Latch

Stock your bag with this easy-to-read, fully illustrated handout on positioning and latch for parents, free to download from LER.

[Download in English](#)

[Download in Spanish](#)

Everything you need to be a lactation consultant

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[The LER Family](#)

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