



Live Session on Becoming an IBCLC | Starting Soon: Our Black Friday Sale |
Scholarship Announcement Planned | New Course: The Proficient Pumper |
Free Parent Handout

Newsletter November 2023 Lactation Education Resources

Free Live Session: The Realities of Being and Becoming an IBCLC

If you are considering becoming an IBCLC but wish you knew more about what it's really like or how to get there, this talk is for you. Sekeita Lewis-Johnson, DNP, FNP-BC, IBCLC and Angela Love-Zaranka, BA, IBCLC, RLC, FILCA answer your questions live on **Tuesday, November 14th, 9am PST/12pm EST**. Free registration is required.

[Register now](#)

Coming Soon: 🔥 Black Friday Sale on Lactation Training

Whether your goal is an entry-level lactation credential or the IBCLC, you will be able to say "yes" this month for less! Watch your email and social media for details, coming soon.

Juntos Triunfamos Scholarship: Thanks for Your Nominations!

We asked and you answered! We received an unprecedented number of nominations for the Juntos Triunfamos Lactation Equity Scholarship, which will completely remove the financial barrier for one bilingual Latinx/Hispanic aspiring IBCLC in the United States every other year. All nominations are being carefully considered, with an announcement scheduled for December. Keep an eye on your email and social media!

[Learn More](#)

New Blog: Lactation After Plastic Surgery

How much do you know about supporting a lactation client who has had plastic surgery? Our new blog separates the myths from the facts.

[Read the blog](#)

Dive Deeper

Our blog is drawn from Plastic Surgery Procedures and Lactation, our course taught by Katrina Mitchell, MD, IBCLC, PMH-C, FACS. Mitchell is a breast surgical oncologist and an IBCLC who cares directly for lactating parents, speaks internationally, and has developed a course on breastfeeding medicine for breast surgeons.

[Explore the course](#)

New Baby Friendly Training Available

BFUSA has released its 6th edition guidelines. You can ensure compliance by enrolling your Direct Care Personnel in our new Competency-Based training course at FirstLatch. Our course is evidence-based, fully on-line, and easy to administer. It is taught by experienced clinicians, including those who have successfully passed initial designation and redesignation. The course is available now for enrollments. To preview the course, learn more, or request a quick quote, click on one of the links below.

[Preview the course](#)

[Request a quick quote](#)

New Course: The Proficient Pumper

Learn everything you need to know to counsel clients who are expressing their milk, from choosing a pump to maintaining or increasing supply to storing and using human milk. Our new course is taught by an IBCLC who specializes in induced lactation and relactation.

[View the course](#)

Free Parent Handout: Hands-On Pumping

Another great resource for your clients who pump! Share this illustrated handout – research shows that using massage and hand expression alongside pumping removes significantly more milk!

[Download in English](#)

[Download in Spanish](#)

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[Lactationtraining.com](https://lactationtraining.com)

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