

LER Newsletter

August 2020



Online lactation consultant training. Now offering CERP, CME, CE credit and more.

Celebrate Breastfeeding With An LER Discount

Enjoy up to \$100 off three top LER courses as a part of three breastfeeding celebrations in August: World Breastfeeding Week, Native Breastfeeding Week, and Black Breastfeeding Week.

Choose between three courses designed to meet your needs, whether you are an aspiring International Board Certified Lactation Consultant (IBCLC) or would like to start your journey as a Certified Breastfeeding Specialist (CBS). Learn more [here](#).

Our Commitment to Increasing Diversity in the Field: Rising Tide Lactation Equity Scholarship

LER recognizes that for aspiring IBCLCs, one of the greatest obstacles to entering the field is financial. We also know that there aren't nearly as many Black IBCLCs as there needs to be.

As a part of our continued commitment to increasing diversity in the field, Lactation Education Resources is proud to announce our Rising Tide Lactation Equity Scholarship program, which is designed to remove the financial burden of pursuing the IBCLC credential.

In addition to our existing scholarships, we are adding start-to-certification support for two aspiring Black IBCLCs, from lactation training to clinical hours to exam fees. For one awardee, health science coursework will be offered through Walden University. Get the details and [apply today](#).

How Human Milk “Programs” Babies . . . And Parents!

Epigenetics is a hot topic these days and discussed more and more in the lactation world - but what IS it? Why is it relevant to the perinatal period? And as experts in lactation, how should we understand and explain the role human milk might play in “programming” the epigenome?

Laurel Wilson, IBCLC, RLC, BSc, CLE, CLD is an experienced lactation consultant and speaker on perinatal health topics. Her new Lactation Education Resources class shares leading-edge research discoveries in the exciting new field of epigenetics. These discoveries are changing how we think about human milk. Learn more on the LER [blog](#).

Prepping for the Exam: Photo Question Tips

Getting ready to sit for the exam in September? Check out [these tips](#) for prepping for the photo questions from LER's Angela Love-Zaranka.

New Spanish Language COVID Resources Plus Free CERP-eligible Course

Three new fact sheets are now available in Spanish as a part of our COVID resources. Also check out the recordings of the recent Nikki & Nikki Q&A Sessions and a free, CERP-eligible course on lactation support during the pandemic. Find our COVID resources [here](#).

Seeking College-level Health Science Courses that Meet IBLCE Requirements?

Walden University has partnered with LER to offer an affordable selection of college-level health science courses that meet IBLCE requirements. College credits from these courses not only apply towards qualifying you for your IBLCE certification exam, they can also count towards a Walden degree. Additionally, Walden offers a **25% tuition reduction** off courses* to LER students. To get started, visit Walden [here](#).

Want to learn more about Walden? Join an upcoming virtual information session, designed specifically for LER students. Up next on August 6th at 8 pm. Free, [pre-registration required](#).

Free Q&A's with Nikki & Nikki in August

Hosted by Nekisha Killings, MPH, IBCLC and Nikki Greenaway, BA, MS, FNP-C, IBCLC:

Honoring World Breastfeeding Week and Native Breastfeeding Week During Crisis,

With special guest NBW Founder Jasha Lyons Echo-Hawk and others!
August 5th, 1:30 pm to 2:30 pm EDT.

Black Breastfeeding Matters Preparing for Black Breastfeeding Week during a Global Crisis

August 19th, 1:30 pm to 2:30 pm EDT.

Free pre-registration is required. Visit www.lactationtraining.com/covid-19 to register and learn more.



Learn More About LER

[Want to be an LC? Where to start](#) | [Become a CBS](#) | [CME credits](#) | [COVID-19](#)



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