

ready. set. teleconsult!



For providers

must haves

- **Consent forms and intake forms** (ideally received from client and returned prior to visit)
- **Smartphone, tablet, or computer with a webcam**
- **Internet connection**
Not sure if you have enough bandwidth? Visit a speed test website or app like speedtest.net to check. If your results show at least 1.2 Mbps upload and download, you should be ok. Test the platform you plan to use with a friend first.
- **Location that is private, well lit, and free of distractions**
- **Doll, breast model, or other teaching props**
- **Pared down care plan template** to fill out during the visit and send immediately after the call concludes

nice to haves

- **Subscription to secure video conferencing platform**
- **Way to prop up device** that allows for hands free viewing
- **Hard wire connection to internet** to avoid drops or lags
- **Personal collection of evidence based graphics etc.** to email after call
- **Library of links to video or infographic (not text heavy)** resources to send after consult
- **Drink within reach**